

Health Coach Certificate/Area of Specialization (3300)

Health coaches are a part of the at home health care team and a vital part of keeping recently discharged patients healthy and at home. Health coaches meet the patient while they are in the hospital and then follow them into the community, e.g., home, office visits, or skilled rehab facilities. Their job is to reinforce the medical treatment plan, healthy lifestyle coaching, identifying barriers and putting plans in place, navigating the health care system, etc. Health coaches will work days and/or evenings as scheduled to meet with their patients as assigned by the case manager. The health coach will be directed by a nurse case manager and assigned patients to visit. The health coach will report back to the nurse case manager on all activities.

Course	Title	Credit Hours
HLTH 1160	Health Coach I	2
HLTH 1170	Health Coach Externship	1
Total Credit Hours		3