

## Psychology (PSYC)

### PSYC 1050 Psychology of Effective Study

**1 Credit**

This introductory course focuses upon skills and the design of materials necessary in the organization for, and the studying of, college-level courses. (This course is offered as pass/fail only.)  
(1 contact hour)

### PSYC 1400 Human Sexuality

**3 Credits**

This course introduces students to the biological, cultural, and psychological components of the sexual responses in men and women. Course contents include a focus on attitudes, behaviors, beliefs and myths about human sexuality. Topics include the facts and fictions about sexuality, sexuality research, human anatomy and physiology, sexual responses, gender roles and identity, and deviations, and therapy.  
(3 contact hours)

### PSYC 1500 Introduction to Psychology

**(TAG) 3 Credits**

This course, as outlined by the American Psychological Association, provides a general introduction to the discipline of psychology. It covers the origins of psychology, major perspectives in contemporary psychology, research methodology, biological bases of psychological functions, sensation and perception, consciousness, learning, memory, human development across the lifespan, social psychology, personality, psychopathology, and therapy.  
(3 contact hours)

### PSYC 1700 Psychology of Gender

**3 Credits**

This course focuses on the similarities and differences in the psychology of men and women, with emphasis on issues specific to each gender. Students will become familiar with research findings on male and female functioning regarding sex roles, sexuality, stereotypes, achievement, work, mental and physical health, violence and aggression, cognitive functioning, emotions, relationships, school, and harassment. Because of similarities in course content, students who have taken PSYC 1600 Psychology of Women, should not take this course.  
(3 contact hours)

### PSYC 2100 Lifespan Development for Nursing

**(TAG) 3 Credits**

*Prerequisite: PSYC 1500.*

This course introduces students to human development throughout the lifespan. Students will examine personality, social, cognitive, and emotional development from conception to death. The course integrates psychology and nursing curricula. This course is recommended for nursing students only.  
(3 contact hours)

### PSYC 2250 The Psychology of Happiness: Positive Psychology

**3 Credits**

*Prerequisite: PSYC 1500.*

This course serves as a scientifically based approach to the understanding of subjective well-being, or "happiness." It examines a wide array of biological, intrapersonal, personality, cognitive, cultural, and other environmental variables that have been found to be related to psychological well-being. Furthermore, students will also explore methods and approaches empirically supported as leading to positive emotional states.  
(3 contact hours)

### PSYC 2300 Personality Theory

**(TAG) 3 Credits**

*Prerequisite: PSYC 1500.*

This course specializes in the major theories that describe the structure of personality, the development of the personality, and personality as a predictor of behavior. Students will study the purposes of these theories along with their strengths and their limitations. Students will study a variety of personality theories emphasizing aspects such as internal conflict, social relationships, cognitive, and environmental influences.  
(3 contact hours)

### PSYC 2350 Behavior Modification

**3 Credits**

*Prerequisite: PSYC 1500 or equivalent.*

This course will give the student the opportunity to explore and learn about behavioral principles. Students will select an aspect of their own behavior to change in order to illustrate the practical application of behavioral principals.  
(3 contact hours)

**PSYC 2400 Child Psychology****(TAG) 3 Credits***Prerequisite: PSYC 1500.*

This introductory course, the first in a series of human development courses, focuses on human growth and development from conception up to, but not including, adolescence. It emphasizes the major theories of development and the normal development sequence. Students will examine the child's social, cognitive, emotional, and physical development, as well as contributing biological and environmental factors.

(3 contact hours)

**PSYC 2500 Adolescent Psychology****(TAG) 3 Credits***Prerequisite: PSYC 1500.*

This introductory course, the second in the series of human development courses, focuses on human growth and development during adolescence. It emphasizes the major theories of development and the normal developmental sequence. Students will examine the adolescent's social, cognitive, emotional and physical development, as well as contributing biological and environmental factors.

(3 contact hours)

**PSYC 2600 Adult Development and Aging****(TAG) 3 Credits***Prerequisite: PSYC 1500.*

This introductory course, the third in the series of human development courses, focuses on human growth and development during adulthood. It emphasizes the major theories of development and the normal developmental sequence, and includes issues related to death and dying. Students will examine the adult's social, cognitive, emotional, and physical development, as well as contributing biological and environmental factors.

(3 contact hours)

**PSYC 2700 Abnormal Psychology****(TAG) 3 Credits***Prerequisite: PSYC 1500.*

This course builds a strong foundation for understanding psychopathology by addressing what determines abnormal behavior. Historical and contemporary views of abnormal psychology, assessment and classification, research methodology, and legal and ethical issues serve the basis of this exploration with an emphasis on cultural considerations. Symptomatology and diagnostic criteria, causes, prevention, treatment, and prognosis of specific psychological disorders are considered within the context of diverse theoretical perspectives and a scientific approach. The mind-body connection is emphasized.

(3 contact hours)

**PSYC 2800 Social Psychology****(TAG) 3 Credits***Prerequisite: PSYC 1500.*

This course investigates the manner in which the behavior, feelings, or thoughts of an individual are influenced by the behaviors and/or characteristics of others. Topics include stereotypes, prejudice, persuasion, altruism, aggression, conformity, and group processes, as well as the research methodologies involved in studying them.

(3 contact hours)

**PSYC 2900 Special Topics in Psychology****1-3 Credits**

These specialized courses provide in-depth examinations of topics in human behavior not covered in detail elsewhere in the curriculum. Courses explain aspects of individual functioning and offer specific theories or areas of research. Through these courses students can become familiar with current knowledge about such subjects as stress, health, leadership, creativity, violence/aggression, and discipline.

(1-3 contact hours)