

## Dance (DANC)

### **DANC 1108 Basic Ballet**

**1 Credit**

This course introduces the art of classical ballet. Students will learn the basic vocabulary and format for a technique class in ballet and to recognize and execute proper alignment, the primary positions of the text, and the placement or carriage of the arms, legs, and head. Laboratory experiences will include practice exercises designed to improve the execution of turns, kicks, jumps and balances. Students will learn to recognize and articulate meaningful gestures and to more fully appreciate ballet dance. This course is cross-listed as DANC 1108 Basic Ballet and PEHR 1108 Basic Ballet. Students who have taken the course under the alternative course ID should not take this course.

(2 contact hours: 2 lab)

### **DANC 1109 Basic Jazz Dance**

**1 Credit**

This course introduces students to the fundamentals of jazz dance. Students will learn the general vocabulary and exercises practiced in a dance technique class and perform exercises and basic steps to various types of contemporary music. Students will progressively learn to group together steps and movements to form longer phrases. Regular participation will improve physical fitness in terms of strength, flexibility, coordination, timing, and balance. This course will also provide opportunity for students to gain a deeper appreciation for dance and other art forms. This course is cross-listed as DANC 1109 Basic Jazz Dance and PEHR 1109 Basic Jazz Dance. Students who have taken the course under the alternative course ID should not take this course.

(2 contact hours: 2 lab)

### **DANC 1110 Basic Modern Dance**

**1 Credit**

This course introduces the art of modern dance, including, through active student participation, the basic vocabulary concepts and techniques involved with performing and viewing modern dance. Students will develop a general understanding of the human body in terms of anatomy and how the body moves. Regular participation will improve physical condition in terms of strength, flexibility, balance, coordination, and efficiency in executing any given task. The course will also develop critical and creative thinking skills. This course is cross-listed as DANC 1110 Basic Modern Dance and PEHR 1110 Basic Modern Dance. Students who have taken the course under the alternative course ID should not take this course.

(2 contact hours: 2 lab)

### **DANC 1500 Modern Dance I-A**

**3 Credits**

This course provides a comprehensive introduction to modern dance. Through active student participation, the course presents the technical skills and performance principles of modern dance. The intent of this course is to help students begin to prepare for entry into a professional dance program at a four-year college.

(6 contact hours: 6 lab)

### **DANC 1550 Modern Dance I-B**

**3 Credits**

*Prerequisite: DANC 1500.*

This course provides a continued exploration of modern dance. Through active participation, the course helps further develop technical and performance modern dance skills. The intent of this course is to help students with preparation for entry into a professional dance program at a four-year college.

(6 contact hours: 6 lab)

### **DANC 1600 Ballet I-A**

**3 Credits**

This course provides a comprehensive introduction to ballet. Through active student participation, the course presents the technical skills and performance principles of ballet. The intent of this course is to help students begin to prepare for entry into a professional dance program at a four-year college.

(6 contact hours: 6 lab)

### **DANC 1650 Ballet I-B**

**3 Credits**

*Prerequisite: DANC 1600.*

This course provides a continued exploration of ballet. Through active student participation, the course helps further develop technical and performance ballet skills. The intent of this course is to help students with preparation for entry into a professional dance program at a four-year college.

(6 contact hours: 6 lab)